



Garrett County Lighthouse, Inc. Menu- January 2021

Monday January 4th

Lunch: Grilled Chicken Sandwich/Onion Rings/Steamed Broccoli/Pears/Milk

Tuesday January 5th

Lunch: Creamed Chicken/ Mashed Potatoes/ Carrots/ Tropical Fruit/ Biscuits/ Milk

Wednesday January 6th

Lunch: Baked Ziti/ Tossed Salad/ Applesauce/ Bread Stick/ Milk

Monday January 11th

Lunch: Super Chicken/ Mashed Potatoes/ Green Beans/ Fruit Cocktail/ Roll/Milk

Tuesday January 12th

Lunch: Turkey Pot Pie/ Mandarin Oranges/Milk

Wednesday January 13th

Lunch: Meatball Sub/ French Fries/ Peaches/ Milk

Monday January 18th

Lunch: Cheese Pizza/ Tossed Salad/ Pineapple/ Milk

Tuesday January 19th

Lunch: Meatloaf/ Beets/ Applesauce/ Roll/ Milk

Wednesday January 20th

Lunch: Pork Chops/Scalloped Potatoes/Mandarin Oranges/ Peas/WG Dinner Roll/Milk

Monday January 25th

Lunch: Chef Salad (Lettuce, Ham, Boiled Eggs, Tomato, Cucumber, Carrots)/Tropical Fruit/Garlic Bread Stick /Milk

Tuesday January 26th

Lunch: Cheesy Chicken Broccoli Casserole/Peaches/WG Rice/Milk

Wednesday January 27th

Lunch: Breaded Tilapia/Butter Beans/Brussel Sprouts/Rye Bread/Milk