



December 2021

Garrett County Lighthouse, Inc.
 20 East Oak Street
 301-334-9126
 Safe Harbor Crisis & Respite Care
 301-334-1642
 Compass House Crisis & Respite Care
 240-362-7082



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 COMMUNITY INTEGRATION: OFFSITE TRIP TO OLLIE'S AND GABRIEL BROTHERS	2	3	4
5 	6 GOAL PLANNING: "Evaluate Your Yesterday" EDUCATION: The History of Christmas & Jeopardy ADL: Wal-Mart	7 GOAL PLANNING: "Evaluate Your Yesterday" EDUCATION: The History of Christmas & Jeopardy ADL: Walmart	8 	9 	10 	11
12 	13 MEN'S GROUP WOMEN'S GROUP CREATIVE THERAPY: Gumball Machine Bulbs And Christmas Wreath ADL: Local Shopping	14 MEN'S GROUP WOMEN'S GROUP CREATIVE THERAPY: Gumball Machine Bulbs And Christmas Wreath ADL: Local Shopping	15 	16 	17 	18
19 	20 Christmas Social (Wear an Ugly Christmas Sweater or Christmas PJs) ADL: Wal-Mart	21 Christmas Social (Wear an Ugly Christmas Sweater or Christmas PJs) ADL: Wal-Mart	22 	23 	24 	25
26 	27 Garrett County Lighthouse Closed in Observance of Christmas Day	28 PRP CLOSED IN OBSERVANCE OF THE HOLIDAYS	29 	30 	31 Garrett County Lighthouse Closed in Observance of New Year's Day 	



Check out our Facebook page for updates

- Psychiatric Rehabilitation Services
- Program Hours: 8:00 am-1:30 pm
- Monday & Wednesday Bank & Wal-Mart
- Tuesday Local Shopping/Library
- Breakfast & Lunch (11:00AM) provided only at PRP
- Nursing and Medication Monitoring As Ordered
- Blood Pressure Screening on Mondays
- Case Management Everyday
- Rehabilitation Activities directed toward the development or restoration of skills including but not limited to: problem solving, health education, socialization, symptoms management, individualized services skills, conflict resolution, self care, independent living, nutrition education, recovery & life coaching, life skill activities & exercise
- Pre-Vocational Skills
- Community Integration/social skills i.e. library, parks, educational excursions, community events, museums etc.
- Accessing Entitlements
- Substance Abuse Prevention
- Accessing & Sustaining Housing
- Basic Living Skills & Supports
- Residential Rehabilitation Program



If you have a problem, comment or idea we are here to listen. Please bring it to our attention.

Medicaid recipients receive transportation to medical appointments by calling GTS at (301) 334-7726. GCLH provides transportation to and from local appointments, as well as to PRP. Please schedule 24 hours in advance by calling (301) 334-9126. Please HELP conserve resources. Thank you for your cooperation.



Treasure Chest Open Tuesday's 9am-1pm