



INSIDE THIS

A Message From Our Executive Director	p. 1
Psychiatric Rehabilitation Program (PRP)	p. 2
Treasure Chest/ Residential Rehabilitation Services (RRP)/ Crisis Services (RCS)	p. 3
Meet the Staff	p. 4

# Help in Stormy Times

Garrett County Lighthouse, Inc.

ISSUE 16

NOVEMBER

2022

## A Message From Our Executive Director

The fall and winter seasons give us much for which we are grateful. The fall foliage, autumnal air, and the anticipation of holidays with loved ones are all cause for joy and celebration. However, for many individuals in our community who struggle with mental illness, it is not as joyous an occasion. Our friends and neighbors in mental health recovery require support, community, and compassion in order to be successful. This fall, Garrett County Lighthouse would like to encourage every member of our community to seek each other out in the name of friendship and solidarity with those in recovery from a mental illness. Know that we are all there for each other and that help is available. Thank you and have a peaceful season.



# Psychiatric Rehabilitation Program

- On August 2, 2022, Garrett County Lighthouse, Inc. clients attended the Garrett County Fair for a community integration trip.
- On August 29, 2022, Garrett County Lighthouse, Inc. clients and staff attend a Smoke Hole Caverns trip.
- On September 12 2022, Garrett County Lighthouse, Inc. clients attended a fishing trip at Broadford Lake
- On September 30, 2022, Garrett County Lighthouse, Inc clients attended the Buckwheat Festival in Kingwood, WV

On September 14th and 15th , we held our annual yard sale. Garrett County Lighthouse, Inc. raised \$389.10 . All proceeds benefit our clients and are put into the client activity fund.



A special thank you, for the generous raffle donations!

**Aaron's**

**Angie  
Hinebaugh  
Willa  
Goins**

**Green Acres**  
*Garden Center • Flower Basket*

Michele Gregory-  
In Memory of  
Lawrence Gregory



**The  
Painted  
Cupboard**

**LOWE'S**

MARY KAY  
Kendra Slauchbaugh

**Advance  
Auto Parts**

## Client of the Quarter



**Congratulations to Megan Nugent for receiving the Garrett County Lighthouse, Inc. Client of the Quarter award! Megan was nominated by a staff member for being helpful and caring towards other clients. Thank you, Megan, for going above and beyond to support Garrett County Lighthouse, Inc.!**

# Treasure Chest

On Tuesday, October 4<sup>th</sup>, we celebrated the 20-Year anniversary of the Treasure Chest opening its doors. What a grand day we had from having an autumn Bingo game, eating a scrumptious Italian meal prepared by a renowned chef of Garrett County, creating an autumn wreath and enjoying punch and cupcakes to end the day. Karen, Lisa and I are so delighted a Cricut machine and its accessories and a lap top were purchased with our earnings from shoppers' purchases over the past 20-years. Our 50%-off sale on all Treasure Chest items the entire month of October to celebrate our anniversary was incredibly successful too.

We began displaying our holiday items the first week of November and sales have been terrific. We enjoy assisting our shoppers in making choices for their gift-giving. We also have a Jim Shore Santa on raffle this year. Shoppers can purchase 5 chances for a \$1.00. We will select the winner the first or second week of December so you can take it home and enjoy it over the holidays.

We have set up a Christmas Wrapping Station just outside The Treasure Chest. All staff and shoppers, please stop by and wrap your presents. We have so many bows, wrapping and ribbon for you to choose.. Bring in gifts from home and get your wrapping done early for the season rather than wrapping late after family have gone to bed or in the wee hours of Christmas morning.

Many of you have heard Loretta Bailie passed away. Loretta volunteered in The Treasure Chest from 2003 onward and is the longest serving volunteer in The Treasure Chest. To remember her in 2023 for her 20-years of service, we will be naming The Treasure Chest after her. We shared with Loretta we would be naming The Treasure Chest after her before she passed away. She was so delighted and humbled she would be remembered in this way. Her family also appreciate we will recognize her for her service to the Treasure Chest but also her tenure on the Garrett Lighthouse Inc. Board of Directors for so many years.

Remember, starting January 1<sup>st</sup>, 2023, we must increase the cost of toiletries to \$1.25 to accommodate the increased amount to purchase these items at Dollar Tree.

Karen, Lisa and I jump out-of-bed, put on our best clothes and dash to The Treasure Chest when it is our turn to volunteer. We love our talks with all of you and offering you new and gently-used items to purchase. We want to offer you the very best! The three of us send our best wishes to everyone of you in 2023. See you at the shop!

Fond Regards to All,

The Treasure Chest Volunteers,

Karen, Lisa and Melissa



## Residential Rehabilitation Program and Crisis Services

Over the past quarter, there have been some changes and repairs happening to Safe Harbor, our Residential Crisis Services (RCS) house. Safe Harbor has been temporarily closed as it is undergoing some much needed repairs and upgrades. Safe Harbor is expected to be back up and running for the new year. Aside from having one female bed currently open, our Residential Rehabilitation Program (RRP) is still going strong and doing great things. The staff have been working diligently with both the male and female RRP clients with their goal-oriented plans. Our RRP clients continue to grow and show vast improvements to being able to cope with stressors and/or any anxiety they may have. This allows the clients to progress toward their daily living goals with the hopes of being able to transition to independent living in the future.



# Meet Our Staff

## Employee of the Quarter

Congratulations to Codie Feather, Rehabilitation Coordinator for receiving the Garrett County Lighthouse, Inc. Employee of the Quarter award. Codie was nominated by three clients for going above and beyond to provide excellent service and quality care. Codie shows great compassion and assists our clients every day. Thank you, Codie for your hard work and dedication to Garrett County Lighthouse, Inc.!



## Work Anniversaries

Tiffany Hawkins	Director of Behavioral Health Services	July 31, 2014 (8 years)
Amy Jones	Finance Manager	July 6, 2020 (2 years)
Angela Hinebaugh	Rehabilitation Coordinator	August 16, 2021 (1 year)
Michele Gregory	Secretary of Behavioral Health Services	August 6, 2014 (8 years)

## New Hires

Cody Kroll	Director of Residential Rehabilitation and Crisis Services	August 23, 2022
Douglas Poole	Residential Rehabilitation Assistants	August 30, 2022
Emily Fike	NEMT Driver	August 23, 2022