



# Garrett County Lighthouse, Inc.'s menu - March 2023

## Wednesday, March 1, 2023

Breakfast: Oatmeal/Fruit/Milk

Lunch: Bologna & Cheese Sandwich w/Lettuce & Tomato/Tater  
Tots/Broccoli/Milk

## Monday, March 6, 2023

Breakfast: WG Waffles/Sausage/Juice/Milk

Lunch: Chicken Salad Sandwich/French Fries/Beets/Milk

## Tuesday, March 7, 2023

Breakfast: Cereal/Fruit/Milk

Lunch: Hot Dog/Tater Tots/Baked Beans/Milk

## Wednesday, March 8, 2023

Breakfast: Oatmeal/Juice/Milk

Lunch: BBQ Pork Sandwich/Cole Slaw/Peaches/Milk

## Monday, March 13, 2023 **Birthday Celebration**

Breakfast: WG French Toast Sticks/Fruit/Milk

Lunch: Chicken Sandwich w/Lettuce & Tomato/French  
Fries/Applesauce/Milk

## Tuesday, March 14, 2023 **Birthday Celebration**

Breakfast: WG Pancakes/Sausage/Juice/Milk

Lunch: Sloppy Joe/French Fries/Peas/Pineapple/Milk

## Wednesday, March 15, 2023 **Birthday Celebration**

Breakfast: Cereal/Fruit/Milk

Lunch: Meatball Sub/California Blend/Peaches/Milk

## Monday, March 20, 2023

Breakfast: Sausage/Egg/Cheese Biscuit/Juice/Milk

Lunch: Chicken Tenders/French Fries/Broccoli/Apple Sauce/Milk

## Tuesday, March 21, 2023

Breakfast: WG Pancakes/Fruit/Milk

Lunch: Fish Sandwich w/Lettuce/Macaroni & Cheese/California Mix  
Pineapple/Milk

## Wednesday, March 22, 2023

Breakfast: WG Waffles/Sausage/Juice/Milk

Lunch: Ham & Cheese Sandwich/Broccoli/Peaches/Milk

## Monday, March 27, 2023

Breakfast: Oatmeal/Fruit/Milk

Lunch: Chicken Sandwich w/Lettuce & Tomato/French Fries/Peas/Milk

## Tuesday, March 28, 2023

Breakfast: WG French Toast Sticks/Juice/Milk

Lunch: Hot Dog/Baked Beans/California Mix/Applesauce/Milk

## Wednesday, March 29, 2023

Breakfast: Cereal/Fruit/Milk

Lunch: Chef Salad/Dinner Roll/Peaches/Milk

\*\*WG—Whole Grain



**\*\*Menu subject to change without notice.\*\***

*This institution is an equal opportunity provider.*