



Garrett County Lighthouse, Inc.'s menu— May 2023

Monday, May 1, 2023

Breakfast: Scrambled Eggs/Sausage/Juice/Milk
Lunch: Spaghetti and Meatball Balls/Salad/Garlic Bread/Milk

Tuesday, May 2, 2022

Breakfast: WG Waffles/Sausage/Juice/Milk
Lunch: Chicken Sandwich w/Lettuce & Tomato/Tater Tots/
Pineapple/Milk

Wednesday, May 3, 2023

Breakfast: WG French Toast Sticks/Mixed Fruit/Milk
Lunch: Taco Salad/Peaches/Milk

Monday, May 8, 2023

Breakfast: WG Pancakes/Sausage/Juice/Milk
Lunch: Sloppy Joe/French Fries/Baked Beans/Milk

Tuesday, May 9, 2023

Breakfast: Oatmeal/Blueberries/Milk
Lunch: Chef Salad/Hard-Boiled Egg/Beets/Peaches/Milk

Wednesday, May 10, 2023

Breakfast: WG Cereal/Juice/Milk
Lunch: Hot Dog/Baked Beans/Applesauce/Milk

Monday, May 15, 2023 **Birthday Celebration**

Breakfast: WG Waffles/Scrambled Eggs/Juice/Milk
Lunch: Fish/Macaroni n' Cheese/Peas/Pineapple/Milk

Tuesday, May 16, 2023 **Birthday Celebration**

Breakfast: WG Pancakes/Sausage/Juice/Milk
Lunch: Chicken Tenders/Tater Tots/Broccoli/Peaches/Milk

Wednesday, May 17, 2023 **Birthday Celebration**

Breakfast: Sausage Gravy/Biscuits/Juice/Milk
Lunch: Taco Salad/Applesauce/Milk

Monday, May 22, 2023

Breakfast: Oatmeal/Strawberries/Milk
Lunch: Fried Chicken/French Fries/Peaches/Milk

Tuesday, May 23, 2023

Breakfast: WG Cereal/Juice/Milk
Lunch: Hamburger/Hot Dog w/Lettuce/Tomato/Onions/Baked Beans/
Applesauce/Milk

Wednesday, May 24, 2023

Breakfast: WG French Toast/Sausage/Juice/Milk
Lunch: Chef Salad/Hard-Boiled Egg/Beets/Peaches/Milk

Monday, May 29, 2023—**Closed for Memorial Day**

Tuesday, May 30, 2023

Breakfast: WG Pancakes/Scrambled Eggs/Sausage/Juice/Milk
Lunch: Pot Roast/Scalloped Potatoes/Green Beans/Pineapple/Milk

Wednesday, May 31, 2023

Breakfast: WG Waffles/Juice/Milk
Lunch: Sloppy Joe/Tater Tots/Vegetable Mix/Applesauce/Milk

**WG—Whole Grain



****Menu subject to change without notice.****

This institution is an equal opportunity provider.