

Garrett County Lighthouse, Inc. 20 East Oak Street 301-334-9126 Safe Harbor Crisis & Respite Care 301-334-9126 ext. 239 or



Sunday Monday **Tuesday** Wednesday **Thursday** Friday Saturday 1. 2.







Birthday Card



ADL -Walmart Shopping



11:30 Punch and Cookies ADL- Local Shopping





ADL -Walmart Shopping



15.



Beaded Snowflakes



12.

ADL- Local Shopping



20.

ADL -Walmart Shopping Christmas



of getting.

22. Closed for

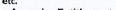




WHEN IT SNOWS LISTEN TO WKHJ 104.5 OR WFRB 105.3 FOR LIGHTHOUSE PRP

CLOSINGS & DELAYS OR

Check out our Facebook page for updates



ties & exercise

- Accessing Entitlements Substance Abuse Prevention
- Accessing & Sustaining Housing
- Basic Living Skills & Supports

Residential Rehabilitation Program

 Psychiatric Rehabilitation Services • Program Hours: 8:00 am-1:30 pm

• Tuesday Local Shopping/Library

Case Management Everyday

. Monday & Wednesday Bank & Wal-Mart

 Breakfast & Lunch (11:00AM) provided only at PRP Nursing and Medication Monitoring As Ordered Blood Pressure Screening on Mondays

Rehabilitation Activities directed toward the develop-

ment or restoration of skills including but not limited to:

symptoms management, individualized services skills.

conflict resolution, self care, independent living, nutrition education, recovery & life coaching, life skill activi-

problem solving, health education, socialization,



24.

Christmas Bingo



25. Closed for Christmas

ADL - Walmart Shopping

ADL -Walmart Shopping



ADL- Local Shopping Game Day



ADL -Walmart Shopping



28.



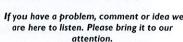














Medicaid recipients receive transportation to medical appointments by calling GTS at (301) 334-7726.

GCLH provides transportation to and from local appointments, as well as to PRP. Please schedule 24 hours in advance by calling (301) 334-9126. Please HELP conserve resources. Thank you for your cooperation.



**Treasure Chest** Open Tuesday's 9am-1pm









ADL -Walmart Shopping





