



## Garrett County Lighthouse, Inc.'s menu— December 2023

### Monday, December 4, 2023

Breakfast: WG Cereal/Juice/Milk

Lunch: Fried Chicken/Scalloped Potatoes/Applesauce/Milk

### Tuesday, December 5, 2023

Breakfast: WG Pancakes/Sausage/Juice/Milk

Lunch: Meatball Sub/French Fries/Pineapple/Milk

### Wednesday, December 6, 2023

No On-Site PRP

### Monday, December 11, 2023

Breakfast: WG Waffle Sticks/Scrambled Eggs/Juice/Milk

Lunch: Chicken Noodle Soup/California Vegetable Mix/Applesauce/Milk

### Tuesday, December 12, 2023 **Birthday Celebration**

Breakfast: Sausage Gravy w/Biscuits/Scrambled Eggs/Juice/Milk

Lunch: Sloppy Joe/French Fries/Peas/Milk

### Wednesday, December 13, 2023

Breakfast: WG French Toast Sticks/Juice/Milk

Lunch: Hot Dog w/Diced Onions/Tater Tots/Pineapple/Milk

### Monday, December 18, 2023

Breakfast: WG Cereal/Juice/Milk

Lunch: Chicken Tenders/Macaroni & Cheese/California Vegetable Mix/Peaches/Milk

### Tuesday, December 19, 2023

Breakfast: Oatmeal/Blueberries/Milk

Lunch: Fish Sandwich/French Fries/Applesauce/Milk

### Wednesday, December 20, 2023

Breakfast: WG Pancakes/Sausage/Juice/Milk

Lunch: Ham/Mashed Potatoes w/Gravy/Green Beans/Milk

### Monday, December 25, 2023—Closed **Merry Christmas**

### Tuesday, December 26, 2023

Breakfast: WG Waffle Sticks/Scrambled Eggs/Juice/Milk

Lunch: Chicken Sandwich w/Lettuce/Tomato/Tater Tots/Peaches/Milk

### Wednesday, December 27, 2023

Breakfast: WG French Toast Sticks/Sausage/Juice/Milk

Lunch: Sloppy Joe/French Fries/Broccoli/Milk

**\*\*WG—Whole Grain**



**\*\*Menu subject to change without notice.\*\***

*This institution is an equal opportunity provider.*