



# Garrett County Lighthouse, Inc.'s menu - February 2024

## Monday, February 5, 2024

Breakfast: Sausage Gravy/Biscuits/Scrambled Eggs/Juice/Milk  
Lunch: Meatball Sub/French Fries/Broccoli/Milk

## Tuesday, February 6, 2024

Breakfast: Oatmeal/Strawberries/Milk  
Lunch: Chicken Tenders/Macaroni & Cheese/Tater Tots/  
Peaches/Milk

## Wednesday, February 7, 2024

Breakfast: WG French Toast Sticks/Sausage/Juice/Milk  
Lunch: Pot Roast/Scalloped Potatoes/Green Beans/Milk

## Monday, February 12, 2024

Breakfast: WG Cereal/Juice/Milk  
Lunch: Spaghetti w/Meatballs/Garlic Bread/Mixed Vegetables/Apple  
Sauce/Milk

## Tuesday, February 13, 2024

**Birthday Celebration**

Breakfast: WG Pancakes/Sausage/Juice/Milk  
Lunch: BBQ Pork Sandwich/French Fries/Broccoli/Milk

## Wednesday, February 14, 2024

Breakfast: WG Waffles/Strawberries/Milk  
Lunch: Turkey/Mashed Potatoes/Gravy/Peas/Milk

## Monday, February 19, 2024

Breakfast: Sausage Gravy/Biscuits/Scrambled Eggs/Juice/Milk  
Lunch: Fish/Macaroni & Cheese/Mixed Vegetables/Peaches/Milk

## Tuesday, February 20, 2024

Breakfast: WG Cereal/Juice/Milk  
Lunch: Sloppy Joe/Tater Tots/Broccoli/Milk

## Wednesday, February 21, 2024

Breakfast: WG French Toast Sticks/Sausage/Juice/Milk  
Lunch: Oven Baked Chicken/Baked Beans/Mixed Vegetables/Milk

## Monday, February 26, 2024

Breakfast: Oatmeal/Blueberries/Milk  
Lunch: Hot Dog/Diced Onions/French Fries/Pineapple/Milk

## Tuesday, February 27, 2024

Breakfast: Sausage/Biscuits/Scrambled Eggs/Juice/Milk  
Lunch: Chicken Salad/Beets/Peaches/Milk

## Wednesday, February 28, 2024

Breakfast: WG Cereal/Juice/Milk  
Lunch: Fish Sandwich/French Fries/Broccoli/Milk

\*\*WG—Whole Grain



**\*\*Menu subject to change without notice.\*\***

*This institution is an equal opportunity provider.*