

Help In Stormy Times

Garrett County Lighthouse, Inc.

ISSUE 4

JANUARY 2019



A Message From Our Executive Director

Hello 2019!! I would like to wish everyone a Happy New Year! For me, 2018 was a great time and a wonderful experience at Garrett County Lighthouse, Inc. as I was able to get to know everyone and work alongside our staff and clients in all of our programs. Our staff did a wonderful job planning the holiday celebrations, trips, and other fun events. I wanted to thank you for a great first three months at Garrett County Lighthouse, Inc. and also in the community. My family and I feel so welcomed by everyone.

To begin 2019, Garrett County Lighthouse, Inc. applied for a CHRC grant to help with possibly providing drug and alcohol counseling services in the coming year. We are awaiting news to see if our grant proposal was accepted. We also expanded our transportation force by allowing one more vehicle to be used for client transportation.

I look forward to all the great things that 2019 will bring. I am excited to work with our staff, continuing to make great strides in the upcoming year. I also look forward to seeing the positive growth of our individuals in all of our programs as well. I wish everyone a happy and blessed new year.

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Psychiatric Rehabilitation Program



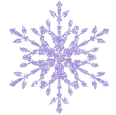
Card Club

Due to other financial responsibilities, clients are sometimes unable to purchase gifts for certain holidays. Card Club is an activity, held once a month, that gives clients the opportunity to get creative and make a card that can be given to someone special. Clients have spent the year making cards for occasions such as birthdays and anniversaries, as well as a card for each major holiday.

Of course, ending the year with Christmas cards turned out great!



Client Bulletin Board



Clients will be creating a new bulletin board theme in January. Clients are currently utilizing the bulletin board in the classroom area for different topics of interest. The first topic, which began in October, covered the top 10 Garrett County Lighthouse, Inc. rules and what they meant to each client. The topic remains on the board for 3 months. The upcoming topic is "We are as Unique as Snowflakes." Clients will be putting a personal picture of their choice in the center of a snowflake, representing how each person is unique. All themes, colors, pictures, etc. are created by clients.



Due to a recent client's passing, Garrett County Lighthouse, Inc. held a memorial service in her honor. The service included a small reading and prayer from our volunteer pastor, Terry Weaver. This memorial service was open for Garrett County Lighthouse, Inc. staff and clients. Participants had the opportunity to say a few words, share a memory, or light a candle to share a moment of silence. Clients were also encouraged to write a small message on a balloon and release the balloons in her honor. We hope that memorial helped clients work through the grieving process in an effort to help provide closure.

The Psychiatric Rehabilitation Program (PRP) will be closed for the following upcoming holidays:

January 1, 2019 – New Year's Day

January 21, 2019 – Martin Luther King, Jr. Day

February 18, 2019 – President's Day



PRP Client Accomplishments

- 2 clients began utilizing medication monitoring services
- 2 clients obtained a SafeLink phone with help from their Case Managers
- 1 client discontinued his Suboxone regimen
- 1 client reported that she is being considered for a promotion at work.
- 1 client obtained competitive employment within the community
- 1 client obtained energy assistance and paid overdue utility bills with said assistance
- 1 client met with a benefits counselor to better understand how employment will impact his SSDI benefits.
- 1 client obtained her photo ID with help from her Case Manager
- 1 client continues to study in an effort to obtain her GED
- 1 client continues to lose weight through her weight watchers program



The Treasure Chest



The Treasure Chest celebrated October Autumn Glory with our shoppers through a Silent Auction. We earned \$145.00 in sales. Karen Lauer, Carol Shiffy and I want to send a special nod to women of the Oakland Civic Club: Jeannie Bailey, Jean Skinner and B.J. Gallagher. Jeannie bestowed 4 Christmas trees upon us and our shoppers had a merry old time competing quietly against one another for three of those trees. We held one of the four trees Jeannie gave us for a November Christmas Raffle. We earned almost \$40.00 on that tree also.

Another Civic Club member who made our holidays special was Jean Skinner who knitted more hats and scarves than we ever dreamed possible and we have been selling them since just after Autumn Glory. The shoppers have a Secret Santa Gift Exchange and many scooped them up for each other. Finally, B.J. Gallagher and the St. Mark's Lutheran Church Knitting Group came through again this year with knit rags wrapped around Ivory Soap and gorgeous lap robes. We made sure every shopper received a knit wash cloth with soap and our Merry Christmas wishes to them. We only have 5 lap robes left.

Christmas Sales began in earnest December 4th with Karen and I working mightily to keep up with purchases and preparing their gifts for holiday giving. On that day, we earned \$108.00. That is the highest amount we have ever earned in a single Tuesday during the holidays. The shop was staffed with two volunteers each Tuesday through the month of December to keep up with the holiday crowds.

Karen, Carol and I offer our holiday wishes to the entire Lighthouse staff and are thankful for the treasures so readily given to us throughout the year by generous donors. All earnings in our shop are returned back to clients with urgent needs through the Treasure Chest Fund. The funds have been used this year for field trips, prescription co-pays, security deposits, home supplies, educational materials and much, much more. We also purchase toiletries for our shoppers and fulfill special requests they may make of us.

We wish all of you an incredible 2019.

~Melissa Rank



Residential Rehabilitation Program



In October, RRP clients were taken to yard sales, craft shows, and the Burlington Apple Harvest Festival. In November, RRP clients had a Thanksgiving dinner. They also participated in decorating the residences. RRP clients also enjoyed a trip to Garrett 8 Cinemas to see, "Halloween" as well. In December, RRP clients had a Christmas lunch where both male and female RRP clients joined together at one location. They baked, cooked lunch, danced, and listened to music. RRP clients were also given the opportunity to go the Oakland Armory to watch the tree light up to the rhythm of music.

Residential Crisis Services & Respite Services

Client Accomplishments

Compass House passed their annual inspection with the Behavioral Health Authority on October 3, 2018.

- 7 clients obtained a therapist
- 5 clients obtained a psychiatrist
- 2 clients began utilizing Garrett County Lighthouse, Inc. PRP services
- 1 client obtained income through employment
- 5 clients obtained TDAP/PAA
- 1 client obtained independent housing in the community
- 3 clients obtained residential housing
- 6 clients obtained transitional housing
- 2 clients were admitted to addictions rehab
- 13 clients returned home to their independent living situation or home with family or friends



Thank You!



Garrett County Lighthouse, Inc. would like to thank Leon Cardiff and the Oakland/Mountain Lake Park Lion's Club for their generous donations!





The Civic Club

The ladies of the Civic Club continue to enjoy the space provided by Garrett County Lighthouse, Inc. Pictured from left to right are: Pat Shelton, Betty Ellington, Jenny Schwartz, Karen Lauer and Jean Skinner.

MEET OUR STAFF

Employee of the Quarter

Congratulations to Holly Keller for receiving the Garrett County Lighthouse, Inc. Employee of the Quarter award! Holly was nominated by one client and two staff members for going above and beyond to provide excellent service and quality care. Holly began employment with Garrett County Lighthouse, Inc. in June 2018 as a Case Manager. Holly shows great compassion and is "very easy to talk to." Thank you, Holly, for your hard work and dedication to Garrett County Lighthouse, Inc.!



Work Anniversaries

Allan Chadderton	December 2, 2015	3 Years
Teresa Lipscomb	January 3, 2018	1 Year
Sherri Lucas	January 15, 2007	12 Years
Teresa Ohler	January 17, 2018	1 Year
Flora Becker	January 19, 2018	1 Year
Britney Logan	February 3, 2016	3 Years
Beverly Helbig	February 6, 2006	13 Years

Welcome OUR NEW TEAM MEMBERS

New Hires

Brittaney Slaubaugh	PRP BHT	November 19, 2018
Derek Fout	Safe Harbor BHT	November 26, 2018
Cheryl Friend-Pettit	Safe Harbor BHT	December 13, 2018



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Staff Directory

Staff Name / Title	Extension
Thomas Killian, Jr. Executive Director	221
Melissa Skiles Director of Health Care Quality	212
Stephanie Farber Certified Psychiatric Rehabilitation Practitioner Director of Behavioral Health Services	249
Tiffany Ratliff Certified Psychiatric Rehabilitation Practitioner Director of Residential Rehabilitation & Crisis Services	220
Charity Francis Director of Finance & Human Resources	217
Jennifer Kepple Human Resources Manager	219
Jessica Dodge Behavioral Health Service Manager	210
Beverly Helbig Licensed Practical Nurse	250
Sherri Lucas Licensed Practical Nurse	257
Karen Clapper Case Manager	247
Mathew Foley Case Manager	248
Holly Keller Case Manager	246
Jennifer Stemple Case Manager	204