



Help In Stormy Times

Garrett County Lighthouse, Inc.

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ISSUE 5

AUGUST 2019

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A Message From Our Executive Director

Hello again and happy summer! I have to say that we had a great summer this year at Garrett County Lighthouse, Inc. We were able to go many different places and learn the history of those places. Some of our off-site trips included Prickett's Fort and Blackwater Falls. We offered a new curriculum for classes this summer as well. We provided classes on different recovery skills and self-care and we also invited various guest speakers into our organization. Walk and talks with staff and trips to the Open Air Farmer's Market were also facilitated. We also held other groups to include a Garrett County Scavenger Hunt, a summer celebration and many others. Our staff were committed to helping our individuals continue their community integration by providing many opportunities. We also had our annual summer yard sale with the help of donations from community businesses. With these donors and our staff's donations, we were able to raise \$602.25 toward our Client Activity Fund which helped to fund trips to the Garrett County Fair and a trip to Delgrosso's Amusement Park. We have had many changes here as well, but we have gained new faces that are a great compliment to our team. We welcomed Bryan Moore as our new Program Coordinator and we also welcomed Brandy Kitzmiller, Maddison Hudson, Destiny Lloyd, Roxana Tasker, Linda Brown, Wanda Haney, Rachelle Davis, Marcario Gonzales and Tyiesha Twyman to our team. I am also looking forward to the upcoming fall events in Garrett County and also at Garrett County Lighthouse, Inc. We are going to try to open our doors at Garrett County Lighthouse, Inc. to provide space for crafters at the Autumn Glory Festival. Thank you again to all the community partners and staff at Garrett County Lighthouse, Inc. who have helped us have a great and wonderful summer and to all those who continue to be so compassionate in fulfilling the mission and vision of Garrett County Lighthouse, Inc.



Psychiatric Rehabilitation Program (PRP)

Yard Sale

We held our 4th Annual Yard Sale on July 25th & July 26th from 8:00am to 2:30pm. All items were displayed indoors. Sale items and raffles were made available by our staff and various generous donors throughout the community. All proceeds from this event went toward our client activity fund which provides our clients with the opportunity to participate in additional trips or outings that are higher in cost. To our generous donors: Uno's Chicago Grill, Funland, TigerFly Soap Company, Railey Realty, Garrett 8 Cinemas, Ratliff Hardwoods, Little Bow Peeps Bow Boutique, Mountain State Brewing Company, Advance Auto Parts and The Casselman Restaurant

With your help and support, we earned \$602.25 for our Client Activity Fund!

Thank you
FOR YOUR SUPPORT

Client Activities

Our clients have had the opportunity to enjoy various community integration activities throughout the summer months. Off-site activities included trips to the Health Fair, Golden Corral, Five Below, Prickett's Fort and Blackwater Falls. Our clients also had the opportunity to attend a showing of Suicide: The Ripple Effect. This film chronicles the story of Kevin Hines, who at age 19 attempted to take his life by jumping from the Golden Gate Bridge. Since then, Kevin has been on a mission to use his story to help others stay alive and find recovery. The showing of this event was moderated by our Executive Director, Thomas Killian, Jr. Other activities include a summer celebration, a scavenger hunt and an Art Works! class facilitated by our clients.



Clients participated in a scavenger hunt to explore our community.

Client Accomplishments

- 1 client attended parenting classes
- 1 client received TDAP benefits
- 1 client applied for in-home services
- 1 client received Social Security benefits
- 6 clients began attending on-site PRP
- 2 clients successfully completed probation
- 1 client has maintained a positive commitment toward sobriety
- 1 client began utilizing medication monitoring services
- 1 client successfully completed a drug/alcohol treatment program
- 1 client obtained outpatient mental health therapy
- 1 client obtained dentures
- 1 client obtained a driver's license and a vehicle
- 1 client obtained part-time employment
- 1 client applied for a TTY phone system
- 2 clients obtained alternative housing
- 1 client coached for a Special Olympics event
- 1 client was recognized for her volunteer efforts

Ask yourself if what
you're doing today
is getting you closer
to where you want
to be tomorrow.

Sally Shaulis recognized for volunteer efforts

FOR THE WEEKENDER

ACCIDENT — The HART Animal Center recognized Sally Shaulis as its June Volunteer of the Month for her efforts in the center's Adoption Wing.

Shaulis has been a regular volunteer since January. Every Thursday, she helps walk the dogs, socializes with the cats and takes care of cleaning tasks. Her specialty, though, is helping with the sewing. Ripped soft toys, beds that have been chewed on and items that come apart in the wash need repairs. Shaulis does a lot of the repairs by hand and also helped set up a sewing machine to make beds out of comforters and curtains out of blankets.

"Sally has made her mark in this area, and we are so grateful to her for sharing her skills, her time and her energy with the animals in our care," the HART June Spotlight said. "Sally says that she is passionate about animals and animal welfare, and it is her life-long



SALLY SHAULIS

devotion to animals that motivates her to volunteer with HART. Her passion for animals and her sewing skills are gifts she received

from her mother. When asked her favorite part of volunteering at HART, she says it is socializing the kittens and helping them feel confident with good people."

"One of my life goals is to have a safe place for stray or mistreated animals and people to retreat to and heal," Shaulis said.

HART for Animals Inc. is a charitable animal welfare organization founded in 2003 to improve the condition of homeless animals in the Western Maryland region. HART is a 501(c)(3) corporation and all donations are tax deductible. For additional information, visit www.hartforanimals.org.

Residential Rehabilitation Program (RRP)



Grand Haven passed the annual inspection through the Behavioral Health Administration (BHA) on January 24, 2019. Garrett County Lighthouse, Inc. bought several games to utilize at the RRP houses to encourage social integration. These games include Uno, Trouble, Operation, Sorry, Jenga, Monopoly and Croquet. RRP integration trips included The Alley, The Health Fair, Suicide: The Ripple Effect, Country Club Mall, Roses', a car show and Grantsville Days.

Residential Crisis Services (RCS) & Respite Services (RPCS)

Client Accomplishments

- 11 clients obtained a therapist
- 9 clients obtained a psychiatrist
- 2 clients obtained referrals to PRP
- 8 clients were admitted to an addictions rehabilitation facility
- 3 clients obtained access to a somatic provider
- 2 clients obtained employment
- 3 clients applied for SSI/SSDI
- 9 clients obtained TDAP/PAA
- 1 client obtained a driver's license
- 3 clients obtained a social security card
- 3 clients obtained a birth certificate
- 10 clients obtained housing
- 2 clients complied with court hearings, probation and/or parole



*Believe in yourself
&
you will be
Unstoppable*

Civic Club Craft Group

Winter was rough on the Civic Club craft group. We had to cancel more than a few meeting dates because of snowy weather but we were busy little bees when we did meet and were able to complete our spring project in time for Easter distribution. We stuffed plastic eggs with a piece of candy and wrapped the egg in springtime colored tulle and netting material and wrapped it all with a pretty bow and flower. Just the thing to brighten the last days of our Garrett County winter. We like to reuse what we can to make our crafts and we found a good idea to keep those plastic K cups out of the landfill. We are decorating them as patriotic Uncle Sam hats for the July 4th holiday. Thank goodness for Pinterest because that is where many of our ideas come from. As always, we are most grateful to the Lighthouse for allowing us to use the bright and cheerful room for our work.



~Jean Tumbarello Co-chair, Civic Club Craft Group

Let's talking turkey! It is not unusual for the Civic Club craft group to be working on crafts far ahead of the seasons. We make 360 tray favors for four holidays during the year so we have to be thinking fall and Christmas when the summer is in full swing. We hope the folks will enjoy these cute turkeys come Thanksgiving. Each one will have a Hershey kiss inside. It's amazing how useful toilet paper tubes are after all the paper is gone! For Christmas we will be crafting with wine corks. We are embarrassed to say it was not difficult to collect a BIG container of corks! As always we send thanks to the Lighthouse for generously donating the room we have to work in.



~Jean Tumbarello and Jeannie Bailey, Craft Group Co-Chairs

The Treasure Chest

We are so pleased the Treasure Chest Dollar Program for our shoppers is off to a great start. With these Dollar Coupons, customers present them to the Treasure Chest volunteers and we, in turn, fill the order at no cost to the customer. Our first shopper was in need of four essential items and we filled the order on-the-spot. It gives us great joy to provide these items to our shoppers. On Tuesday, May 4th, the Treasure Chest sponsored a "Spring Mother's Day Sale" from 9:00am to 1:00pm. Items for sale included jewelry, summer scarves, sunglasses and cosmetics. The sale took place in the Dining Hall at Garrett County Lighthouse, Inc. All proceeds from the sale supported the Treasure Chest Fund, the Treasure Chest Dollar Program and the Treasure Chest Gift Certificates. We are tickled when shoppers have achieved a major success in their plan of care and are bestowed a gift certificate for their accomplishments by Lighthouse staff. We also hosted a Christmas in July Sale on Tuesday, July 16th from 9:00am to 1:00pm in the Lighthouse Dining Hall. Larger holiday items for sale are a tremendous hit with our shoppers. This year our sale included ornaments, trees, sleighs and much, much more.

Also, a gentle reminder for our shoppers that all items placed "on hold" must be purchased within 30 days or we will return the items to the shelves for other shoppers to consider purchasing. We are delighted to offer this "30-day hold" feature for our customers. We also offer layaway at Christmas for those who wish to contribute a few dollars weekly to their holiday purchases. As always, we love showcasing our treasures to our shoppers to consider, but it is more so their visits that make our days in the shop so special.

~Melissa Rank, Board President, Treasure Chest Shopkeeper



Meet Our Staff

Employee of the Quarter

Congratulations to Stephanie Farber for receiving the Garrett County Lighthouse, Inc. Employee of the Quarter award. Stephanie was nominated by one client and three staff members for going above and beyond to provide excellent service and quality care. Stephanie began employment with Garrett County Lighthouse, Inc. on November 5, 2013 as a Behavioral Health Technician at Safe Harbor. Stephanie has held the position of Case Manager and is currently Garrett County Lighthouse, Inc.'s Director of Behavioral Health Services. Stephanie shows great compassion and "is a leader who shows her staff that she is always available to help in any way she can." Thank you, Stephanie, for your hard work and dedication to Garrett County Lighthouse Inc.!



Work Anniversaries

Jimmy Whitehair	Custodian	March 14, 2012 (7 Years)
Mathew Foley	Case Manager	March 6, 2014 (5 Years)
Tiffany Ratliff	Director of Residential Rehabilitation and Crisis Services	July 31, 2014 (5 Years)
Vickie Bierman	Behavioral Health Technician (PRP)	March 30, 2015 (4 Years)
Randall Winebrenner	Rehabilitation Coordinator	July 29, 2015 (4 Years)
Leona 'Jane' Glotfelty	Behavioral Health Technician (RRP)	June 1, 2016 (3 Years)
Jeffrie Hughes	Behavioral Health Technician (RCS)	March 26, 2018 (1 Year)
Holly Keller	Director of Health Care Quality	June 5, 2018 (1 Year)
Heather Bonner	Kitchen Aide	July 2, 2018 (1 Year)

New Hires

Linda Brown	Behavioral Health Technician (RCS)	February 1, 2019
Bryan Moore	Program Coordinator	March 18, 2019
Wanda 'Wendy' Haney	Behavioral Health Technician (RCS)	April 29, 2019
Brandy Kitzmiller	Behavioral Health Technician (PRP)	May 13, 2019
Tyiesha Twyman	Behavioral Health Technician (RCS)	May 22, 2019
Roxana Tasker	Behavioral Health Technician (PRP)	May 30, 2019
Rachelle Davis	Behavioral Health Technician (RCS)	July 19, 2019
Destiny Lloyd	Behavioral Health Technician (PRP)	July 29, 2019



Garrett County Lighthouse, Inc.

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Staff Directory

Staff Name / Title	Extension
Thomas Killian, Jr. Executive Director	217
Holly Keller Director of Health Care Quality	212
Stephanie Farber Certified Psychiatric Rehabilitation Practitioner Director of Behavioral Health Services	249
Tiffany Ratliff Certified Psychiatric Rehabilitation Practitioner Director of Residential Rehabilitation & Crisis Services	220
Director of Finance & Human Resources	217
Jennifer Kepple Human Resources Manager	219
Bryan Moore Program Coordinator	210
Beverly Helbig Licensed Practical Nurse	250
Sherri Lucas Licensed Practical Nurse	257
Karen Clapper Case Manager	247
Mathew Foley Case Manager	248
Mandy Likens Case Manager	246
Case Manager	204

