

Garrett County Lighthouse, Inc.'s Menu - July 2026

Wednesday, July 1st, 2026

WG cereal, milk, juice

Grilled burgers/hotdogs w/L,T,O, baked beans
watermelon, milk

Monday, July 6th, 2026

Pancakes, sausage, milk, juice

Baked chicken, rice, mixed vegetables, peaches, milk

Tuesday, July 7th, 2026

Waffles, eggs, milk, juice

Ham and cheese sandwich, beets, pineapple, milk

Wednesday, July 8th, 2026

Oatmeal, milk, juice

Fish sandwich, French-fries, applesauce, milk

Monday, July 13th, 2026

French toast sticks, sausage, milk, juice

Meatball sub, tater tots, peaches, milk

Tuesday, July 14th, 2026

Scrambled eggs, home fries, milk, juice

BBQ pulled pork sandwich, baked beans, French-fries, milk

Wednesday, July 15th, 2026

WG cereal, milk, juice

Taco salad, pineapple, milk

Monday, July 20th, 2026

Waffles, sausage, milk, juice

Oven-fried chicken, broccoli, applesauce, milk

Tuesday, July 21st, 2026

Pancakes, eggs, milk, juice

Baked fish, rice, carrots, peaches, milk

Wednesday, July 22nd, 2026

Oatmeal, milk, juice

Grilled hotdogs w/ onion, baked beans, French-fries, milk

Monday, July 27th, 2026

French toast sticks, sausage, milk, juice

Meatloaf, mashed potatoes and gravy, greenbeans, milk

Tuesday, July 28th, 2026

Waffles, eggs, milk, juice

Grilled chicken sandwich w/ L,T, tater tots, applesauce, milk

Wednesday, July 29th, 2026

Sausage, egg, and cheese biscuit, milk, juice

Turkey wrap w/ L,T, celery sticks w/ peanut butter, fruit cup, milk

(OFFSITE TRIP TO DAN'S MOUNTAIN)

****WG—Whole Grain**

****Menu subject to change without notice****

This institution is an equal opportunity provider, employer and lender.